

# IN A NUTSHELL

The knowledge platform for general practitioners

## NAFLD Fibrose Score

The NAFLD Fibrosis Score is used to estimate the extent of liver fibrosis in patients with non-alcoholic fatty liver disease (NAFLD). This allows the identification of advanced liver fibrosis without the need for a liver biopsy. The score has been developed for patients between 35 and 65 years of age.

Age

years

BMI (calculate)

kg/m<sup>2</sup>

AST (GOT)

U/l

ALT (GPT)

U/l

Platelets

G/l

Albumin

g/l ?

Impaired fasting glucose or diabetes mellitus

Yes  No

**NAFLD Fibrosis:**

**Interpretation**

NAFLD Fibrosis Score	Grade of fibrosis	Interpretation
< -1.455	F0-F2	No significant fibrosis (93% probability)

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<b>NAFLD Fibrosis Score</b>	<b>Grade of fibrosis</b>	<b>Interpretation</b>
-1.455 to 0.676	Undetermined	Consider liver biopsy
> 0.676	F3-F4	Significant fibrosis (90% probability)

#### **References**

1. Angulo P, Hui JM, Marchesini G et al. The NAFLD fibrosis score: a noninvasive system that identifies liver fibrosis in patients with NAFLD. *Hepatology* 2007; 45: 846-854